



West Windsor-Plainsboro Regional SD Elementary School Culinary Competition

TO: All Parents and Guardians
FROM: Catherine Muto
DATE: **January 28, 2020**

Hello everyone,

We are thrilled to host the Fourth Annual Future Chef Competition!
This year, we are accepting entries from grades 4 and 5.

The idea behind this event is to help educate the kids in **HEALTHY EATING HABITS**. Too often, we hear about obesity in kids and kids not making the right choices in terms of their eating habits. That is why we want kids to submit recipes
Reimagining Their Favorite School Lunch Meal.

Judging will be based on the following criteria:

- Originality
- Kid Friendly
- Ease of Preparation
- Healthy Attributes
- Plate Presentation
- Taste
- Student Chef Presentation to Judges

Timeline of the event:

1. A flyer will be sent home with the students describing the event. Included with this flyer will be a blank recipe card.
 2. Kids who would like to participate need to fill out the recipe card and return it to their teacher.
 3. Teachers will collect the recipe cards and give them to building office.
 4. Buildings return recipes to **Village ES Cafeteria** no later than **02/18/2020**.
 5. A distinguished panel of administrators will evaluate recipe submissions and narrow the number of finalists down to **3** kids per school.
 6. Those finalists will be formally invited to a Culinary Competition "Cook-Off" on **Thursday, March 19, 2020**, tentatively scheduled for **3:00 pm**.
- All Finalists will receive a framed plaque, chef coat, apron and hat.

Transportation of the kids will not be provided on the **March 19, 2020** for the competition. Kids will need to be dropped off and picked up at **Village Elementary School, 601 New Village Road West Windsor, NJ 08550.**

Each group of kids will have a kitchen staff member assigned to help them to ensure that there are no safety issues. This will ensure safe food and preparation practices are followed and no one is harmed.

As an added bonus, our competition is just one of hundreds of local competitions that Sodexo will be orchestrating across the country in March. The winning recipe from each event will be entered to win a national competition in April. More details will follow, but we are lining up some great prizes for those that are chosen to receive national recognition!

Please let me know if I can answer any questions or concerns.

Cathy Muto
General Manager
West Windsor-Plainsboro RSD
609-716-5000 Ext. 5938
Catherine.muto@sodexo.com





West Windsor-Plainsboro Regional SD Recipe Entry Form

To facilitate processing, please complete this form in English.

~ Reimagine Your Favorite School Lunch Meal ~

Open to Village and Millstone Elementary School Students
Grades 4 and 5

Student's Name:	
Student's School:	
Student's Grade:	
Teacher's Name:	

Return to your teacher or the office by **February 18th**
Teachers: please send to the main office if received.

My recipe is called: _____

List all ingredients and exact amounts of the ingredients here:

List the "method" or exactly how to make this dish. Make sure to include the number of servings your recipe creates. *(If you need more room, attach and staple another piece of paper to this form.)*